

**Welcome to Most Rev. Bishop Nguyen**

This weekend, we welcome Most Rev. Bishop Nguyen as he makes his Pastoral visit to both Holy Cross and St. Gregory the Great Parishes. There will be a brief reception in the hall after the 12 noon Mass. All are welcome!



**Ash Wednesday - February 18<sup>th</sup>, 2026**

**MASS TIME: 8:30 am**

**Reminder!!**

**Ash Wednesday is a Day of Fast & Abstinence.**

**All About Fasting and Abstinence**

**Fasting** is the limitation of food and drink, typically to one main meal and two smaller meals, with no solid foods in between. (But remember to drink enough fluids!). We fast on Ash Wednesday and Good Friday. We fast because it helps us to pray better. An empty stomach can lead to more attentive prayer. Catholics aged 18-59 are bound to fast. Those with impaired health should not fast in any way.

**Abstinence** is avoiding certain kinds of food or drink, typically meat or other desirable foods. Catholics are obliged to abstain from meat every Friday throughout the year (except solemn feast days). Instead of abstaining, you may substitute special acts of charity or piety on Fridays. We abstain on Fridays because it's the day of Christ's saving death on the Cross; we abstain to share in His work of saving the world. Catholics aged 14 and older are obliged to abstain.

<https://bit.ly/3OnYuqv>

**Stations of the Cross during Lent**

Please join us for Stations of the Cross every Thursday here at Holy Cross at 5:00pm starting February 19, and every Friday at St. Gregory's after the 7:00pm Mass starting Feb. 20. All are welcome!



**Are you civilly married or in a common-law relationship, possibly with previous marriages?** If yes, contact the priest so that we can see how to help you seek an annulment and/or Marriage in the Church. In this way, eventually, you will be able to receive the Sacraments with a good conscience.

**Marriage Prep Course**

**St. Leo the Great Catholic Church, Brooklin**

April 30, 2026, May 1, 2026 & May 2, 2026

For more information, please contact the office:

905 655 3286 Ext 1.



Holy Cross and St. Gregory's are once again offering a



Program for our youth in grades 6-8. Our next meeting night will be held this

**Wednesday, February 25**, from 6:15 p.m. to 8:00 p.m. in St. Gregory's Hall. For more information or to register, please contact our youth minister, Kim Carson at: [ymstghc@archtoronto.org](mailto:ymstghc@archtoronto.org)

**Pope Leo's Intentions for February**



**For children with incurable diseases**

Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

**Sacramental Prep**

**First Communion Prep Class #5 at 10:45 a.m.**

Sunday, February 22, 2026 at St. Gregory the Great Parish Hall (190 Simcoe St. N.)

**Confirmation Prep Class #4 at 10:45 a.m.**

Sunday, April 12, 2026 in Holy Cross Parish Hall.

**RCIA Course**

Would you like to become a Catholic, or are you a Catholic who has not been confirmed? Join us at the **Rite of Christian Initiation for Adults (R.C.I.A)** at **St Gregory's Hall (190 Simcoe St N)**. Ask the priest for a registration form after participating in a Sunday Mass.



**Sacrament of Baptism**

If you are interested in having your child baptized, please request a registration form from the priest after attending Sunday Mass.

**Free Movie Night**

**Saturday, February 28<sup>th</sup>** at 6:30

p.m. in St. Gregory's Parish Hall.

The Movie will be **Disney's Big Hero 6**. Parent supervision is

required for children under the age of 10. There will be popcorn and water for everyone. There is no cost, but donations are always welcome to cover the cost of the license.



**Announcing the 2026 ShareLife Campaign**

As we approach our first ShareLife Sunday collection on March 22, it is essential that we come together in compassion to meet our Parish Campaign goal, addressing the growing needs in our communities. Your support of ShareLife makes different programs possible. On March 21/22, we will welcome a speaker on behalf of ShareLife.

# MASS Intentions

## Saturday February 14 Holy Cross

**4:30pm** For the People of Our Parish

## Sunday February 15 Holy Cross

**12-noon** †Ottavio Osso

## Tuesday February 17: Adoration at 11:10 am

St. Gregory the Great at 12:10 p.m.

## Ash Wednesday (February 18)

**8:30am - Holy Cross** ASH WEDNESDAY

**7:00pm - St. Gregory's** ASH WEDNESDAY

## Thursday February 19 Holy Cross

**8:30am** †Augusto Chiodo, †Vincenzo Cappuccitti &  
†Antonio & Emma Giarrizzo

**5:00pm** \*\*Stations of the Cross at Holy Cross

## Friday February 20 Confessions & adoration –

St. Gregory's – 5:45 p.m. – 6:45 p.m.; Mass at 7 pm

## Saturday February 21 Holy Cross

**3:30 pm – 4:15pm Adoration and Confessions**

**4:30pm** For the People of Our Parish

## Sunday February 22

St. Gregory the Great at 8:00 a.m.

St. Gregory the Great at 9:30 a.m.

**12-noon** †Antonio Robeiro



### World Day of Prayer

Friday, March 6, 2026, at 1:30 p.m.

St. John the Evangelist Parish, Whitby

Fellowship to follow service in the Parish Centre.

### Offertory Envelopes for 2026

If you are new to our parish and would like to have a box issued to you, please contact the office during the week, and a box will be assigned to you and placed on the table in the vestibule the following weekend.

### St. Carlo said, “I offer my suffering...”

Mother of St. Carlo Acutis, whose relic we have at St. Gregory's church, testified that Carlo said before his death, “I offer my suffering for the pope and for the church, so as not to go to purgatory and to go straight to heaven” (<https://bit.ly/mysoncarlo>, p.13). This teen offered his sufferings, his life, his illness, leukemia, to God. When so many people attacked the Pope and the Church, he fought to support them, as St. Francis did. St. Carlo did it with the desire that the Lord Jesus would allow him to be purified here on earth, so that he would not have to go to Purgatory, but would be able to go directly to the Kingdom of God. How are you and I preparing ourselves for death and the Kingdom? Have we been offering our lives and crosses to the Lord? Are we trying to come to Heaven, or are we careless? Jesus wants you in His Kingdom; let's get ready.

### ATTENTION ALL PARISHIONERS

The staff of The Refuge has asked us not to park on the west side of their parking lot, at the front. If you do park there, your vehicle will be towed.



### Plenary Indulgence After the Jubilee

The Jubilee year is over, and with it a unique ability to obtain an indulgence. How can we attain an indulgence now, after the Jubilee year has ended? You may receive a partial indulgence in many ways. To obtain a plenary indulgence associated with a church or oratory, when devoutly visiting them, recite one Our Father and the Creed. It is required: Sacramental Confession, Eucharistic Communion, and Prayer for the intention of the Pope.

Next, all attachment to sin, even venial sin, should be absent. These works are highly recommended: 1) adoration of the Blessed Sacrament for at least one half an hour; 2) devout reading of the Sacred Scriptures for at least one half an hour; 3) the pious exercise of the Way of the Cross; 4) the recitation of the Marian Rosary in a church or public oratory or in a family group, a religious Community or pious Association

(<https://bit.ly/sacredindulg>).

**NEW!** There is a new **Jubilee Year of St. Francis**. The faithful may obtain a plenary indulgence by making a pilgrimage to a Franciscan church or a place of worship dedicated to St. Francis, under the usual conditions. The sick, those who care for them, the elderly, and the homebound may also receive an indulgence. To learn more, go to

<https://bit.ly/stfra26>



### Mass Intentions

A reminder that we are taking bookings for Mass Intentions and the Sanctuary Lamp for 2026. Please call or come to the Office during Office hours. **Please note:** only one Sunday Mass will be available as the other Mass will be for the Parish.



### Online Bereavement Introductory Program

Wednesday, February 25 - March 18

7:00 pm - 9:00 pm

Register at: <https://nbb0226.eventbrite.ca>

### Online Separated/Divorced Introductory Program

Thursday, February 26 - March 19

7:00 pm - 9:00 pm

Register at: <https://nbsd0226.eventbrite.ca>

For more information about either of these programs, please contact:

Arcangelo Limanni, MRE, MACP, RP (Qualifying)  
[alimanni@cfstoronto.com](mailto:alimanni@cfstoronto.com) (647) 215-3978